Nutrition and Psychology
BSc Joint Honours

A world-class university in a world-famous city

UCAS code BC48
3 Years

www.ncl.ac.uk/ug/BC48
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This professionally accredited degree explores the psychological factors that can impact on our perception of nutrition, as well as the link between diet and health.

This degree is for 2017 entry. For 2018 entry, see Psychology and Nutrition BSc Joint Honours (C8B4).

There is an opportunity to take either a professional psychology or nutritional placement.

In psychology, you will explore why humans and animals think and behave as they do, with topics including:
- social and developmental psychology
- eating and weight disorders

In nutrition, you study a range of topics relating to human nutrition and health, such as:
- nutrition and food science
- biochemistry for biologists

There is also the option to gain a nutritional accreditation.

You will work in newly refurbished laboratories and taste-testing facilities, providing practical skills for your chosen career.

Highlights of this degree

Quality and ranking

Our nutrition and food degrees at Newcastle rank 7th in the UK in The Times/Sunday Times Good University Guide 2017 and 8th in the UK in The Complete University Guide 2018 (in the Food Science category).

Newcastle also ranks in the top 5 in the UK for Agriculture, Forestry and Food and in the top 20 in the UK for Psychology in The Guardian University Guide 2018.

Professional accreditation

This degree is professionally accredited by the British Psychological Society (BPS).

This gives you the Graduate Basis for Chartered Membership (providing you achieve the minimum standard of a lower second-class Honours).

Having Graduate Basis for Chartered Membership means you can join the BPS and go on to further training or practice in psychology.

For information on the benefits of studying an accredited course, visit the BPS website.

Work placement (optional)

You have the option to carry out a professional psychology or nutritional placement in the food industry between Stages 2 and 3.

This is an excellent opportunity to apply your knowledge in a work setting and gain valuable work experience and life skills that will help to set you apart from other food graduates in the marketplace.

There are placement opportunities in the UK and abroad. Past placements have included:
- Marks and Spencer
- Nutricia
- Tesco
- NHS
- Northumbria Police
- Institute of Neuroscience
- the MRC Human Research Unit, Cambridge

Each year a few students work on a research project at Newcastle University for their placement.

If you choose a nutrition placement, you collate evidence of your work experience and skills development as a portfolio. This will be submitted for the award of a Licentiateship of the City and Guilds Institute, London (equivalent to NVQ Level 4).

Facilities and support

The School of Psychology is the administrative home of the joint honours degree in Nutrition and Psychology.

Our facilities include well-equipped modern laboratories for teaching and research.

You’ll be supported by a personal tutor throughout your degree – an academic member of staff who can help with academic and personal issues.

You’ll also have access to a peer mentor in your first year – a fellow student who can help you settle in and answer any questions you have.

Newcastle's attractive city centre is just minutes from campus.
## Course Details

### Modules for 2017 entry

**Please note**
The module and/or programme information below is for **2017 entry**. Modules may be amended on an annual basis to take account of changing staff expertise, developments in the discipline, the requirements of external bodies and partners, and student feedback. Modules/programme information for 2018 entry will be published here as soon as it is available (end of May 2018).

Our degrees are divided into Stages. Each Stage lasts for an academic year and you need to complete modules totalling 120 credits by the end of each Stage.

### Stage 1

**Compulsory modules**
- NUT1003 Practical Skills in Nutrition 1
- PSY1012 Introduction to Psychology for Joint Honours Students
- NUT1002 Introduction to Human Nutrition
- ACE1041 Investigating Agri-Food Systems from Farm to Folk
- SES1002 Bioenergetics
- PSY1004 Cognitive Psychology
- PSY1005 Sensation and Perception
- PSY1006 Instinct, Learning and Motivation
- PSY1011 Research Methods and Skills 2

### Stage 2

**Compulsory modules**
- NUT2001 Principles of Nutrition
- NUT2002 Applied and Experimental Nutrition
- NUT2003 Food Science and Technology
- PSY2009 Methods in Psychology 2A
- PSY2010 Statistics for Experimental Psychology
- PSY2003 Social Psychology
- PSY2004 Individual Differences
- PSY2007 Biological Psychology: Sex, Drugs, Rhythms and Blues
- PSY2001 Developmental Psychology
- PSY2015 Introduction to Professional Skills

### Stage 3

**Compulsory modules**
- NUT3001 Nutrition in Health and Disease
- NUT3003 Advanced Nutrient Metabolism and Requirements
- PSY3033 Eating and Weight Disorders
- PSY3029 Professional Skills
- PSY3097 Empirical Project

**Optional modules**
You take 20 credits from the following list:
- PSY3001 Evolution and Behaviour
- PSY3002 Evolutionary Psychology and Medicine
- PSY3006 Consumer Psychology
- PSY3008 Art, Mind and Brain
- PSY3009 Cooperation
- PSY3016 Sex and Human Nature
- PSY3018 The Damaged Brain: Case Studies in Neuropsychology
- PSY3020 Face Perception
- PSY3022 The Psychology of Financial Decision Making
- PSY3028 Work Psychology
- PSY3030 Foundations in Forensic Psychology
- PSY3039 Clinical Sport and Exercise Psychology
- PSY3041 Sensation and Perception in Atypical Development
- NUT3008 Integrating Food and Human Nutrition
- ACE2073 New Food Product Development
- ACE3202 Communication and Behaviour Change
- NCL3007 Career Development
- NUT3007 Sports and Exercise Nutrition

### Teaching and assessment

**Study at the cutting edge**
Research-informed teaching plays an important role at Newcastle. It shapes the content of our undergraduate degrees and makes sure that you have the chance to cover the most up-to-date theories and discoveries in your subject.

This degree is informed by the activities of the University’s Human Nutrition Research Centre (HNRC) and the Institute of Neuroscience.

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**Work Placement (optional)**
You can apply to spend 9 to 12 months between Stages 2 and 3 on an optional work placement in the UK or abroad. You can apply to spend your placement year with any organisation and will receive University support to do so. It will extend your degree by a year and is subject to availability. It isn’t available if you’re spending a year studying abroad. Find out more on about Work Placements.
Assessment methods
Modules are assessed by coursework and examination and continue throughout the course.

In the third year you carry out a piece of research of your own. You choose from specialist modules that are typically assessed by written examinations or assignments.

Find out more
Visit our Teaching and Learning pages to read about the outstanding learning experience available to all students at Newcastle University.

Entry Requirements

All candidates are considered on an individual basis.

If your qualifications are not listed here, please see our additional entry requirements web pages to find out which other qualifications are considered.

The entrance requirements below apply to 2018 entry.

A Levels
AAA-AAB including at least one subject with a substantial science or mathematics component from Mathematics, Biology, Physics, Chemistry or Statistics. Home Economics/Food Technology will be considered instead of Biology if accompanied by Chemistry at AS Level. General Studies not accepted. For Biology, Chemistry and Physics A levels, we require a pass in the practical element. GCSE Mathematics plus a science (both at a minimum grade B or 6) are required.

Scottish Qualifications
Advanced Higher Biology and/or another science subject normally required. AAAA-AAAABB at Higher Grade including two science subjects. Mathematics required at National 5, minimum grade B (or grade 2 Standard Grade or Intermediate 2 equivalent) if not offered at Higher Grade. Where a candidate bypasses the assessment for National 5 qualifications, a minimum of grade C in the Higher in Mathematics is required.
Scottish qualifications can be taken in more than one sitting.

International Baccalaureate
A minimum of 35 points, with three subjects at Higher Level grade 6 or above. At least two sciences at Higher Level are preferred. Mathematics or Mathematical Studies to be offered at Standard Level grade 5 if not offered at Higher Level. At least one third of all subjects taken must be science/mathematics.

Irish Leaving Certificate
H1H1H1H2H3 at Higher Level, normally including Biology, Mathematics and another science subject.

Access Qualifications
45 level 3 credits at Distinction including 15 credits in biological sciences. Chemistry and mathematics or quantitative methods units are desirable.

Pearson BTEC Level 3 National Extended Diploma/OCR Cambridge Technical Level 3 Extended Diploma
A science-related subject with substantial biology and mathematics units at overall DDD.

Cambridge Pre-U
D3,D3,D3-D3,D3,M2 in Principal Subjects including at least one with a substantial science or mathematics component from Mathematics, Biology, Physics or Chemistry. GCSE Mathematics plus a science (both at a minimum grade B or 6) are required.

Extended Project Qualification
If you offer the Level 3 Extended Project Qualification in a topic relevant to the degree programme, we will vary our offer to recognise this.

PARTNERS - A Levels
AAA-BBB including at least one subject with a substantial science or mathematics component from Mathematics, Biology, Physics, Chemistry or Statistics. Home Economics/Food Technology will be considered instead of Biology if accompanied by Chemistry at AS Level. General Studies not accepted. For Biology, Chemistry and Physics A levels, we require a pass in the practical element. GCSE Mathematics plus a science (both at a minimum grade B or 6) are required.

The PARTNERS Programme is Newcastle University’s supported entry route for students from schools and colleges in England. Find out more about the PARTNERS Programme.

PARTNERS - Pearson BTEC Level 3 National Extended Diploma/OCR Cambridge Technical Level 3 Extended Diploma
A science-related subject at overall DDM grade, to include biological and chemical science as essential units at Merit grade.

The PARTNERS Programme is Newcastle University’s supported entry route for students from schools and colleges in England. Find out more about the PARTNERS Programme.

English Language Requirements
Applicants whose first language is not English require a minimum score of IELTS 6.5 or equivalent with no less than 6.5 in each of the four elements of the test.

If you need help to meet our English Language requirements, we can provide support with extra tuition.

Read more about UK visas and immigration requirements.
Other International Qualifications
ABB at A level is typically the minimum required for entry to an undergraduate course. You can check the equivalent grades for qualifications offered in your country.

International Foundation Programmes
If you are an international student and you do not meet the academic and English language requirements specified above, you should consider a pre-sessional course at INTO Newcastle University, which will help to prepare you for study on this degree course.

INTO Newcastle University is based on the University campus and offers a range of courses including the International Foundation in Biological and Biomedical Sciences.

Undergraduate Admissions Policy
See our Admissions Policy 2017 Entry (PDF: 109 KB).
See further policies related to admission.

Careers

Nutrition and Psychology careers
As a joint honours graduate, you will have:
• acquired the ability to research, evaluate and communicate information
• developed specialist subject knowledge, and practical and technical skills in two subject areas
• demonstrated your ability to study intellectually rigorous subjects and manage your workload effectively

These are all attractive traits to a range of graduate employers and are a strong foundation for a variety of educational career opportunities. Your employability will be further enhanced if you have taken advantage of work experience opportunities whilst at university.

Depending on subject combinations, joint honours graduates have very broad career options. Some graduates enter careers or advanced training related to one or both of their subject specialisms, such as further study in psychology.

A wide range of opportunities exist across the sector, including:
• product development or quality assurance in the food industry
• in research and development
• with non-commercial bodies such as Medical Research Council or Department for Environment, Food and Rural Affairs

What our graduates go on to do: employment and further study choices
See what our recent graduates went on to do and view graduate destinations statistics. These statistics are based on what graduates were doing on a specific date, approximately six months after graduation. The most recent data available is for graduates who completed their course in 2014/15.

The destination data is available in varying levels, beginning with the University and moving through Faculty and School down to individual course reports. This final level may give you some useful ideas about possible options after your course or a course you are considering.

Careers and employability at Newcastle
Newcastle University consistently has one of the best records for graduate employment in the UK.

94% of our 2014/15 UK/EU graduates progressed to employment or further study within six months of graduating.

Of our graduates who entered employment 85% were in a professional or managerial position.

We provide an extensive range of opportunities to all students through an initiative called ncl+. This enables you to develop personal, employability and enterprise skills and to give you the edge in the employment market after you graduate.

Our award-winning Careers Service is one of the largest and best in the country, and we have strong links with employers.

Fees & Funding

Tuition Fees (UK students)
2018 entry*:
Tuition fees for 2018-19 have not yet been confirmed.
Some of our degrees involve additional costs which are not covered by your tuition fees.

2017 entry*:
£9,250 in 2017-18 For programmes where you can spend a year on a work placement or studying abroad, you will receive a significant fee reduction for that year. Some of our degrees involve additional costs which are not covered by your tuition fees.*Please note:
The maximum fee that we are permitted to charge for UK students is set by the UK government.
Tuition Fees (UK students)
As a general principle, you should expect the tuition fee to increase in each subsequent academic year of your course, subject to government regulations on fee increases and in line with inflation.
See more information on all aspects of student finance relating to Newcastle University.

Tuition Fees (EU students)
2018 entry*:
Tuition fees for 2018-19 have not yet been confirmed.
EU students starting at Newcastle in 2018 will pay the UK (Home) tuition fee for the full duration of their course. Some of our degrees involve additional costs which are not covered by your tuition fees.
2017 entry*:
£9,250 in 2017-18
EU students starting at Newcastle in 2017 will pay the UK (Home) tuition fee for the full duration of their course.
For programmes where you can spend a year on a work placement or studying abroad, you will receive a significant fee reduction for that year. Some of our degrees involve additional costs which are not covered by your tuition fees.
*Please note:
The maximum fee that we are permitted to charge for UK (Home) students commencing studies in 2017-18 or 2018-19 is set by the UK government.
As a general principle, you should expect the tuition fee to increase in each subsequent academic year of your course, subject to government regulations on fee increases and in line with inflation.
See more information on all aspects of student finance relating to Newcastle University.

Tuition Fees (International students)
2018 entry:
Tuition fees for 2018-19 have not yet been confirmed.
2017 entry:
£17,935 per year
You will be charged tuition fees for each year of your degree programme (unless you are on a shorter exchange programme).
If you spend a year on placement or studying abroad as part of your degree you may pay a reduced fee for that year.
Please note that the tuition fee amount you will pay may increase slightly year on year as a result of inflation.
See more information on all aspects of student finance relating to Newcastle University.

Scholarships and Financial Support (UK students)
You may be eligible for one of a range of Newcastle University Scholarships in addition to government financial support.
Newcastle University Scholarships
Government financial support
There are also scholarships available for particular subjects.

Scholarships and Financial Support (EU students)
You may be eligible for one of a range of Newcastle University Scholarships in addition to government financial support.
Newcastle University Scholarships
Government financial support
There are also scholarships available for particular subjects.

Scholarships and Financial Support (International students)
You may be eligible for a Vice Chancellor’s International Scholarship or an International Family Discount (IFD).
There are also scholarships available for particular subjects.

Apply

Applying to Newcastle University through UCAS
To apply for undergraduate study at Newcastle you must use the online application system managed by the Universities and Colleges Admissions Service (UCAS).
UCAS codes for Newcastle University
• institution name - NEWC
• institution code - N21

UCAS buzzword
Ask your teacher or adviser from your school or college for the UCAS buzzword. You need the buzzword when you register on the Apply system. This makes it clear which school or college you are applying from.
All UK schools and colleges and a small number of EU and international establishments are registered with UCAS.
If you are applying independently, or are applying from a school or college which is not registered to manage applications, you will still use the Apply system. You will not need a buzzword.

**Making your application**
On the UCAS website you can also find out more about:
- application deadlines and other important dates
- offers and tracking your application

**Application decisions and enquiries**
Find out more about our admissions process and who to contact if you need help with your application.

Our tutors are on hand to support students.